

# CHAIR FUNCTIONS

## SWIVEL



Chair rotates through 360°  
Allowing access to desired areas and avoiding twisting of torso

## TILT TENSION



Increase or decrease to match body weight. Allows comfortable rocking with minimum effort, reducing fatigue

## SEAT HEIGHT



Raise or lower to allow feet to rest flat on the floor. Avoids pressure under the thighs which eases blood flow.

## BACK ANGLE



Adjust to change torso angle in relation to thighs. Helps reduce disc pressure and relaxes back muscles.

## SEAT ANGLE



Adjust to change the angle of thighs in relation to floor and torso. Helps reduce disc pressure during forward leaning tasks.

## CENTRE TILT



Chair tilts from a pivot point under the centre of the seat. When feet are well supported, this enhances blood flow.

## KNEE TILT



Chair tilts from a pivot point near the front of the seat which helps keep the feet on the floor. Maintains stability while enhancing blood flow.

## SYNCHRO



Back and seat angles change simultaneously at controlled rates. Allows easy adjustment to obtain optimal position.

## BACK HEIGHT



Raise and lower to position the lumbar support to the correct position. Important to reduce the likelihood of back pain.

## FORWARD TILT STOP



Provides alternate forward tilt stopping positions on tilting chairs. Helps reduce disc pressure during forward leaning tasks.

## SEAT DEPTH



Changes the horizontal position of the back relative to the seat. Accommodates the length of thighs, keeping the back in correct position.

## TILT LOCK



Locks the tilt action of tilting chairs into the desired position. Allows the locking of the chair into a comfortable and supportive working position